

# Healthy Housing



NHMRC Centre of Research Excellence

## HOUSING IS AN IMPORTANT SOCIAL DETERMINANT OF HEALTH.

A quarter of Australia's disease burden is comprised of cardiovascular disease, COPD, anxiety, depression, asthma, falls and injury. All such health issues have been at least partly attributed to housing.



Housing interventions in Australia have only inadvertently improved health, missing the opportunity for evidence based housing improvement for efficient health gain.



Other high-income countries have actively and successfully used housing to reduce their burden of disease, yet Australian policy and research has failed to bridge disciplinary silos.



## THERE IS A LOT MORE THAT AUSTRALIA CAN DO TO MAKE HOUSING HEALTHY.

### THE HEALTHY HOUSING CRE BRINGS TOGETHER RESEARCHERS FROM ACROSS DISCIPLINES.

The CRE is health-focused with an international cohort of researchers spanning multiple disciplines.

From 2020-2025, the CRE will deliver new knowledge through three interconnected streams that focus on housing over the life course, quantifying the health gains of housing focused interventions and measuring and responding to the complexity of exposure to housing. Research spans healthy housing for Indigenous Australians, people in need, and the growing population of renters.



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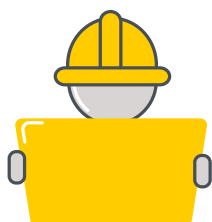


**Professor Anton van den Hengel**  
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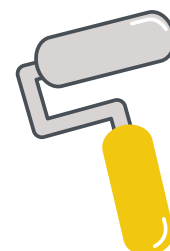
### OUR RESEARCH PRIORITY IS TO QUANTIFY AUSTRALIA'S AVOIDABLE HEALTH BURDEN DUE TO HOUSING.



#### Translation and impact

We aim to create the right conditions to answer emerging questions in a timely way. To successfully make change, we need to make sure our research is useful and policy-relevant.

The Healthy Housing CRE will convene an advisory committee of industry and government leaders to advise us on knowledge translation and policy impact.



### OUR TRANSLATION PRIORITY IS TO TURN THIS NEW KNOWLEDGE INTO EVIDENCE FOR ACTION.

#### Capability building

The CRE is fostering the creation of the next generation of healthy housing researchers. We will offer a program of development opportunities and spaces for researchers at all levels to collaborate and share their work.

Top-up scholarships for graduate researchers will be available.